

ATOMIC TATTOO

& Piercing

www.atomictattoo.ca



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TATTOO AFTERCARE

This aftercare is generalized. Always follow the specific instructions of your artist.

DO NOT FOLLOW AFTERCARE ADVICE FROM ANYONE BUT YOUR ARTIST OR A LICENSED DOCTOR.

FIRST 72 HOURS

- Always wash your hands thoroughly with mild soap before touching your fresh tattoo.
Remove the absorbent pad and cohesive elastic wrap the morning after your appointment, unless your artist instructs otherwise.
- Immediately wash your tattoo with a mild, unscented soap and warm water. Use your flat palm to gently remove plasma, discharge, and any ointment; do not scrub.
- Gently pat dry with a clean, disposable paper towel, then allow the tattoo to air dry completely before applying aftercare products.
- Continue washing gently 2–3 times daily, or as needed. Always wash your hands again after touching your fresh tattoo.

MOISTURIZING YOUR TATTOO

- Begin applying a very thin layer of mild, fragrance-free lotion or an aftercare product recommended by your artist after the initial cleaning, unless your artist gives you different instructions.
- Rub the product in until fully absorbed. If the skin looks glossy, you have applied too much.
- Reapply sparingly as needed if the tattoo feels dry, tight, or itchy. Do not over-saturate your tattoo with aftercare products.
- If scabs or peeling skin form, do not pick, scratch, or peel them.

WHAT SHOULD I AVOID WHILE MY TATTOO HEALS?

- Avoid swimming pools, hot tubs, baths, and submerging your tattoo until fully healed.
- Avoid direct sun exposure while the tattoo heals.
- Avoid excessive sweating, friction, and activities that could expose your tattoo to bacteria.
- Avoid picking, scratching, or peeling any scabs or flaking skin.

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SECOND SKIN / TRANSPARENT FILM AFTERCARE

These instructions apply to tattoos covered with Second Skin adhesive film.
For an absorbent pad secured with cohesive elastic wrap, follow Page 1.

HOW DOES TRANSPARENT FILM DRESSING (TFD) WORK?

- TFD is a medical-grade, breathable, waterproof tattoo bandage engineered to be permeable to gases (like oxygen), but impermeable to dirt and bacteria.
- TFD drastically reduces the risk of contaminants entering the wound site of a fresh tattoo.
- Wearing TFD protects the area from unwanted friction and allows the body to keep itself moisturized.
- TFD eliminates time spent washing and applying aftercare in the first few days of a fresh tattoo.
- TFD provides a tattoo healing experience that is safe, smooth, and efficient.

TFD APPLICATION AND FUNCTION

- After your tattoo, your artist will cut and trim TFD to fit around the tattoo.
- This bandage can be left on for up to 6 days, depending on the amount of fluid build-up under the dressing.
- A murky fluid under the bandage is normal; this is blood, plasma, and ink naturally seeping from the skin.
- If the bandage becomes compromised, begins leaking, if the skin appears red and irritated, or if there is excessive fluid build-up, the dressing must be changed or removed.

TFD REMOVAL AND REAPPLICATION

REMOVAL:

- The shower is the ideal place to remove TFD. Running water will help loosen the adhesive and relax the skin, making removal much more comfortable.
- Find an edge of the bandage and pull it back over itself in the direction of hair growth. Dry removal may cause discomfort and added trauma to the skin.
- Discard the used bandage and wash the tattoo gently with a mild, fragrance-free soap. Allow the tattoo to completely air dry.

REAPPLICATION:

- TFD does not adhere well to wet or moist skin.
- Cut and trim TFD to fit around the tattoo, including an extra inch around all sides. TIP: Rounding the corners will help prevent snagging.
- Peel the backing from the sticky side first and place it gently over the tattoo. Smooth it down starting at one edge to avoid air bubbles, then peel off the top layer.

WEARING TFD WHILE SHOWERING, SWIMMING, AND EXERCISING

- Showering while wearing TFD is fine, but keep time spent in water to a minimum. Water may weaken the adhesive and allow contaminants to enter the bandage.
- Too much heat can separate the bandage from the skin, inflame the skin, and irritate the tattoo.
- Bathing, swimming, or fully submerging a tattoo dressed with TFD is strongly discouraged.
- Light exercise while wearing TFD is fine, but avoid activity that causes excessive sweating. Keep the bandage as clean and dry as possible until removal.

CARING FOR YOUR TATTOO AFTER REMOVING TFD

- Continue to care for the tattoo by washing the area daily with a mild, unscented soap.
- Moisturize daily until the tattoo is fully healed with a mild, unscented lotion or moisturizer. Continuing to moisturize after healing is strongly encouraged.
- The tattoo may appear fully healed when you remove the TFD; however, the deeper layers of skin will still be healing for 2-4 months.

For any questions or concerns, feel free to contact us:
Phone: (780) 482-2662 | Email: info@atomictattoo.ca

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